Instruction 1(b)

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, I	D.C. 20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Moen Brent						2. Issuer Name and Ticker or Trading Symbol TACTILE SYSTEMS TECHNOLOGY INC [TCMD]										all app	,		wner		
(Last) (First) (Middle) 3701 WAYZATA BLVD. SUITE 300						3. Date of Earliest Transaction (Month/Day/Year) 02/25/2023										X Unicer (give title Strief (specify below) Chief Financial Officer					
(Street) MINNEAPOLIS MN 55416					4. 1	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Indiv Line) X	′					
(City)	(Sta	ate) (Z	Zip)																		
		Table	I - I	Non-Deriva	tive	Secu	rities	Ac	qui	red, [Dis	posed c	of, or I	Benefi	cially	Own	ed				
Date				2. Transaction Date (Month/Day/Ye	Executio		on Date,		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a				nd 5) Secu Bene		cially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								Code	v	An	nount	(A) or (D)	Price		Transaction(s) (Instr. 3 and 4)		(11130	4)	(1130.4)		
Common	02/25/202	3				A		2	2,304(1)	A	A \$0		54,203			D					
Common Stock 02/2					3				S		3	,801(2)	D	\$15.364 ⁽³⁾		50,402			D		
Common	02/28/202	.3				S			251 ⁽²⁾	D	\$14.5828(4)		50,151			D					
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Exe if ar	Deemed cution Date, ny nth/Day/Year)	4. Transaction Code (Instr. 8) Derivative Securitie Acquirer (A) or Disposer of (D) (Instr. 3, and 5)				Expiration (Month/Da					le and unt of irities erlying vative irity (Insti	Der Sec (Ins	Price of ivative curity str. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	,	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	Code V (A) (D)			Date) Exercisabl		ole	Expiration Date	on Title Amou		er						

Explanation of Responses:

- 1. On February 25, 2021, the reporting person was granted performance stock units ("PSUs"), with the number of PSUs earned to be determined based on the extent to which certain performance conditions were met for a performance period of 2022. As determined on February 25, 2023, based on actual performance for 2022, the reporting person earned 2,304 PSUs. Of those earned PSUs, one-third, or 768 PSUs, vested on February 25, 2023, and the remaining two-thirds, or 1,536 PSUs, are scheduled to vest on February 25, 2024.
- 2. Consists of shares sold to cover taxes associated with the settlement of stock units.
- 3. Reflects the weighted average price of 3,801 shares of common stock of Tactile Systems Technology, Inc. sold by the reporting person in multiple transactions on February 27, 2023 with sale prices ranging from \$15.345 to \$15.375 per share. The reporting person undertakes to provide upon request by the U.S. Securities and Exchange Commission staff, the issuer, or a security holder of the issuer, full information regarding the number of shares sold at each separate price.
- 4. Reflects the weighted average price of 251 shares of common stock of Tactile Systems Technology, Inc. sold by the reporting person in multiple transactions on February 28, 2023 with sale prices ranging from \$14.5813 to \$14.585 per share. The reporting person undertakes to provide upon request by the U.S. Securities and Exchange Commission staff, the issuer, or a security holder of the issuer, full information regarding the number of shares sold at each separate price.

/s/ Jonathan Zimmerman, Attorney-in-Fact

02/28/2023

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.