FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPRO	OVAL						
	OMB Number:	3235-0287						
l	Estimated average burden							
l	hours per response:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Folkes Robert J.						2. Issuer Name and Ticker or Trading Symbol TACTILE SYSTEMS TECHNOLOGY INC [TCMD]									all appli Directo Officer	or (give title		10% Owner Other (specify	
(Last) 1331 TY	•	rst) (ET NE, SUITE		3. Date of Earliest Transaction (Month/Day/Year) 09/04/2018									below) below) Chief Operating Officer						
(Street) MINNEAPOLIS MN 55413 (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)									lividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(3)		(Zip) 	lon-Deriv	vative	Sec	uriti	ies A	cauire	d. D	isposed o	of, or B	enefic	ially	Owner				
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Y					ion	n 2A. Deeme Execution		d Date,	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 an			5. Amo Securit Benefic		ınt of es ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership
									Code	v	Amount	(A) or (D)	Price		Reported Transaction(s) (Instr. 3 and 4)				Instr. 4)
Common	018	18			M ⁽¹⁾		3,044	Α	\$1.5	55	12:	1,280		D					
Common	018	18			S ⁽²⁾		2,000	D	\$67.24	7.2453 ⁽³⁾		119,280		D					
Common	018	18			S ⁽²⁾		1,044	D	\$67.76	7.7672(4)		118,236		D					
		Т	able I								sposed of, , converti				wned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	emed tion Date, n/Day/Year)	4. Transa Code (8)			vative urities uired or oosed o) tr. 3, 4	6. Date Expirat (Month	ion D		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		De Se (In	Price of crivative curity str. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercis	sable	Expiration Date	Title	Amou or Numb of Share	er					
Employee Stock Option (right to	\$1.55	09/04/2018			M ⁽¹⁾			3,044	(5)		04/20/2021	Common Stock	3,04	4	\$0	18,262		D	

Explanation of Responses:

- $1. \, Stock \, option \, exercise \, effected \, pursuant \, to \, a \, Rule \, 10b5-1 \, trading \, plan \, adopted \, by \, the \, reporting \, person \, on \, March \, 7, \, 2018.$
- $2. \ Sale\ effected\ pursuant\ to\ a\ Rule\ 10b5-1\ trading\ plan\ adopted\ by\ the\ reporting\ person\ on\ March\ 7,\ 2018.$
- 3. Reflects the weighted average price of 2,000 shares of common stock of Tactile Systems Technology, Inc. sold by the reporting person in multiple transactions on September 4, 2018 with sale prices ranging from \$66.66 to \$67.63 per share. The reporting person undertakes to provide upon request by the U.S. Securities and Exchange Commission staff, the issuer, or a security holder of the issuer, full information regarding the number of shares sold at each separate price.
- 4. Reflects the weighted average price of 1,044 shares of common stock of Tactile Systems Technology, Inc. sold by the reporting person in multiple transactions on September 4, 2018 with sale prices ranging from \$67.68 to \$68.00 per share. The reporting person undertakes to provide upon request by the U.S. Securities and Exchange Commission staff, the issuer, or a security holder of the issuer, full information regarding the number of shares sold at each separate price.
- 5. Fully vested.

/s/ Jonathan R. Zimmerman, Attorney-in-Fact

09/06/2018

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.