FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* REUVERS DANIEL L. (Last) (First) (Middle) 3701 WAYZATA BLVD. SUITE 300 (Street)					3. I 02	Issuer Name and Ticker or Trading Symbol TACTILE SYSTEMS TECHNOLOGY INC [TCMD] Jane of Earliest Transaction (Month/Day/Year) 02/25/2023 4. If Amendment, Date of Original Filed (Month/Day/Year)								S. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner X Officer (give title Other (specify below) President and CEO 6. Individual or Joint/Group Filing (Check Applicable Line)					
MINNEAPOLIS MN 55416			6										X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(Sta		<u>z</u> ip)		<u> </u>														
		Table	1-1	Non-Deriva	itive	Secu	rities A	cqu	uire	d, D	isposed o	of, or I	Benefic	ially	Own	ed			
,				2. Transaction Date (Month/Day/Ye	Execution		n Date,		Transaction Code (Instr.		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and			nd 5) Secur Benef		cially I Following	6. Own Form: (D) or Indired (Instr.	Direct et (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
							Cod	de	v	Amount	(A) or (D)	Price	Trans		action(s) 3 and 4)		,	(111041. 4)	
Common Stock				02/25/2023				A			6,482(1)	A	\$0		13	133,802)	
Common Stock				02/27/2023				S			6,387(2)	D	\$15.270	05(3)	12	127,415)	
Common Stock				02/28/202	23						700(2)	D	\$14.55	57(4)	126,715		I)	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	Title of 2. 3. Transaction AA. Deemed Execution Date Execution Date, if any			Deemed cution Date,	4. Tran	nsaction e (Instr.	5. Numl of Derivati Securiti Acquire (A) or Dispose of (D) (Instr. 3 and 5)	oer (6. Da Expir	ite Exe	ercisable and	nd 7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		8. P Deri Sec (Ins	rice of vative urity tr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Or Fo Di or (I)	wnership orm: rect (D) Indirect (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Cod	e V	(A) (I		Date Exerc	cisable	Expiration Date	n Title	Amount or Number of Shares						

Explanation of Responses:

- 1. On February 25, 2021, the reporting person was granted performance stock units ("PSUs"), with the number of PSUs earned to be determined based on the extent to which certain performance conditions were met for a performance period of 2022. As determined on February 25, 2023, based on actual performance for 2022, the reporting person earned 6,482 PSUs. Of those earned PSUs, one-third, or 2,161 PSUs, vested on February 25, 2023, and the remaining two-thirds, or 4,321 PSUs, are scheduled to vest on February 25, 2024.
- 2. Consists of shares sold to cover taxes associated with the settlement of stock units.
- 3. Reflects the weighted average price of 6,387 shares of common stock of Tactile Systems Technology, Inc. sold by the reporting person in multiple transactions on February 27, 2023 with sale prices ranging from \$15.00 to \$15.35 per share. The reporting person undertakes to provide upon request by the U.S. Securities and Exchange Commission staff, the issuer, or a security holder of the issuer, full information regarding the number of shares sold at each separate price.
- 4. Reflects the weighted average price of 700 shares of common stock of Tactile Systems Technology, Inc. sold by the reporting person in multiple transactions on February 28, 2023 with sale prices ranging from \$14.55 to \$14.56 per share. The reporting person undertakes to provide upon request by the U.S. Securities and Exchange Commission staff, the issuer, or a security holder of the issuer, full information regarding the number of shares sold at each separate price.

/s/ Jonathan Zimmerman, Attorney-in-Fact

02/28/2023

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.