



**Tactile Systems Technology, Inc.
3701 Wayzata Boulevard, Suite 300
Minneapolis, Minnesota 55416**

IMPORTANT NOTICE

**ADDITIONAL INFORMATION REGARDING THE 2020 ANNUAL MEETING OF STOCKHOLDERS TO
NOW BE HELD ON MONDAY, MAY 4, 2020**

The following Notice of Change of Date, Time and Location (the "Notice") supplements and relates to the definitive proxy statement filed with the Securities and Exchange Commission on March 19, 2020, regarding the 2020 Annual Meeting of Stockholders of Tactile Systems Technology, Inc. (the "Annual Meeting"). The Annual Meeting will now be held on Monday, May 4, 2020 at 2:00 p.m. Central Time and in a virtual-only format. This supplement to the proxy statement is being filed with the Securities and Exchange Commission and is being made available to stockholders on or about April 17, 2020.

Except as supplemented by the information contained in this supplement, all of the information set forth in the proxy statement continues to apply and should be considered in voting your shares.

THE NOTICE SHOULD BE READ IN CONJUNCTION WITH THE PROXY STATEMENT.



**Tactile Systems Technology, Inc.
3701 Wayzata Boulevard, Suite 300
Minneapolis, Minnesota 55416**

NOTICE OF CHANGE OF DATE, TIME AND LOCATION OF ANNUAL MEETING OF STOCKHOLDERS NOW TO BE HELD ON TUESDAY, MAY 4, 2020

Due to the public health impact of the coronavirus (COVID-19) pandemic, and to support the health and safety of our stockholders, team members and other meeting participants, NOTICE IS HEREBY GIVEN that the 2020 Annual Meeting of Stockholders (the "Annual Meeting") of Tactile Systems Technology, Inc. will now be held on Monday, May 4, 2020 at 2:00 p.m. Central Time in a virtual meeting format only. You will not be able to attend the Annual Meeting physically in person and the Annual Meeting will no longer be held on Thursday, May 7, 2020 as originally planned.

Stockholders will have the same opportunities to participate in the Annual Meeting as they would at an in-person meeting, including having the ability to vote and the opportunity to submit questions during the meeting using the directions on the meeting website. Stockholders as of the close of business on March 10, 2020, the record date, may participate in and vote at the Annual Meeting by accessing www.virtualshareholdermeeting.com/TCMD2020 and entering the 16-digit control number on the proxy card, notice of internet availability of proxy materials or voting instruction form previously received. Online access to the meeting will begin at 1:45 p.m. Central Time on Monday, May 4, 2020.

Whether or not you plan to attend the Annual Meeting, we urge you to vote and submit your proxy in advance of the Annual Meeting by one of the methods described in the proxy materials for the Annual Meeting that were previously provided to you. Stockholders that have already voted do not need to vote again. The notice of internet availability of proxy materials, proxy card or voting instruction form included with the proxy materials previously distributed will not be updated to reflect the change in date, time and location and may continue to be used to vote your shares in connection with the Annual Meeting. Please note that the deadline to vote by phone or internet is now 11:59 p.m. Eastern Time on May 3, 2020.

If participants encounter any difficulties accessing the virtual meeting during the check-in or meeting time, they should call the technical support number that will be posted on the virtual meeting log-in page.

By Order of the Board of Directors,

A handwritten signature in black ink, appearing to read "Gerald R. Mattys", with a stylized flourish at the end.

Gerald R. Mattys
Chief Executive Officer and Director

Minneapolis, MN
April 17, 2020

The Annual Meeting on May 4, 2020, at 2:00 p.m. Central Time, will be accessible at www.virtualshareholdermeeting.com/TCMD2020. The Proxy Statement and 2019 Annual Report are available at www.proxyvote.com.