FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT	OF	CHANGES	IN BE	NEFICIAL	OWNERSH	ΙP

OMB APPROVAL								
OMB Number:	3235-0287							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Rishe Bryan				2. Issuer Name and Ticker or Trading Symbol TACTILE SYSTEMS TECHNOLOGY INC [TCMD]								(Chec	k all app Direc	•		wner				
(Last) (First) (Middle) 3701 WAYZATA BLVD. SUITE 300			3. Date of Earliest Transaction (Month/Day/Year) 05/26/2020									X Officer (give title Other (specify below) SVP, Sales								
(Street) MINNE	APOLIS M	OLIS MN 55416 (State) (Zip)				4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indi Line) X	'					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da				Execution Date,			3. Transaction Code (Instr. 8) 4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			uired (A) Instr. 3,	4 and Securit Benefic		ies cially Following	6. Own Form: I (D) or I (I) (Inst	Direct ndirect r. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
									Code	v	Amount	(A) or (D)		ice	Transaction(s) (Instr. 3 and 4)				(111511. 4)	
Common Stock 05/26				05/26/	2020		S ⁽¹⁾		2,330	Г	\$	50.1	.1 43,567 ⁽²⁾		Ι)				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	med on Date, Day/Year)	4. Transa Code (8)		5. Nu of Deriv Secul Acqu (A) or Dispo of (D) (Instr and 5	rities ired r osed) : 3, 4	6. Date Expirati (Month/	ion Da /Day/Y		7. Title Amou Secur Under Deriva Secur 3 and	int of ities rlying ative ity (Inst	De Sei (In:	Price of rivative curity str. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	y Di or (I)). wnership orm: rect (D) Indirect (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	

Explanation of Responses:

- $1.\ Sales\ effected\ pursuant\ to\ a\ Rule\ 10b5-1\ trading\ plan\ adopted\ by\ the\ reporting\ person\ on\ November\ 21,\ 2019.$
- 2. Includes 449 shares acquired on May 15, 2020 pursuant to the issuer's employee stock purchase plan.

/s/ Jonathan R. Zimmerman, Attorney-in-Fact

05/28/2020

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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