FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* REUVERS DANIEL L. (Last) (First) (Middle) 3701 WAYZATA BLVD. SUITE 300				3. D	Issuer Name and Ticker or Trading Symbol TACTILE SYSTEMS TECHNOLOGY INC [TCMD] One of Earliest Transaction (Month/Day/Year) 08/05/2020									Y Officer (give title O				o Issuer % Owner ner (specify low)	
(Street)	APOLIS M	State)	55416 (Zip)	n-Deriv	4. If Amendment, Date of Original Filed (Month/Day/								enef	Line	Form filed by More than One Reporting Person				
1. Title of Security (Instr. 3) 2. Trans Date				saction				3. Transa Code (3. Transaction Code (Instr. 8) 4. Securitie Disposed C 5)		ties Acquired (A) or I Of (D) (Instr. 3, 4 ar		A) or	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock 08/0					5/2020	V2020		A	ļ.	10,178	(6)		\$0	(Instr. 3 and 4)			D		
				5/2020			A		9,246 ⁽²⁾ A		\$0	_	19,424		D				
1. Title of Derivative Conversion Security or Exercise (Month/Day/Year) (Hond)			outs, o 4. Transac	s, calls, warrants, o			6. Date Ex	expiration Date of Se Month/Day/Year) Under Deriv			ind Anrities ing ive Sec and 4)	es)	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficial Owned Following Reported Transactie (Instr. 4)	e S Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisal		xpiration ate	Title	or Nu of	mber ares					
Employee Stock Option (right to buy)	\$36.5	08/05/2020			A		26,210		(3)	0	8/05/2027	Commo Stock	26	,210	\$0	26,210	0	D	
Employee Stock Option (right to buy)	\$36.5	08/05/2020			A		24,818		(4)	0	8/05/2027	Commo Stock	¹ 24	,818	\$0	24,818	8	D	

Explanation of Responses:

- 1. Restricted stock units ("RSUs") that vest as follows: one-third of the RSUs vest on each of the first three anniversaries of the grant date.
- 2. RSUs that vest fully on June 30, 2021.
- 3. One-third of the stock option vests on each of the first three anniversaries of the grant date, subject to the requirement that the Company's stock price exceeds \$40.15 for 20 consecutive trading days during the term of the stock option.
- 4. Stock option vests fully on June 30, 2021, subject to the requirement that the Company's stock price exceeds \$40.15 for 20 consecutive trading days during the term of the stock option.

/s/ Jonathan R. Zimmerman, 08/07/2020 Attorney-in-Fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.