FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL									
	OMB Number: 3235-02									
	Estimated average burden									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Burns Kristie					2. Issuer Name and Ticker or Trading Symbol TACTILE SYSTEMS TECHNOLOGY INC [ TCMD ]									Check	tionship of Reportin all applicable) Director Officer (give title below) Sr. VP Mktg &		10% O		
(Last) (First) (Middle) 3701 WAYZATA BLVD.						3. Date of Earliest Transaction (Month/Day/Year) 05/06/2024								X			Clinica	below)	
SUITE 3	000				4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street)	APOLIS M	N 5	541	6										X		filed by One filed by Mor on		J	
(City) (State) (Zip)					Ιп	Rule 10b5-1(c) Transaction Indication  Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.													
		Table	I - I	Non-Deriva	tive	Secui	rities	Acc	quire	ed, Di	sposed o	f, or l	Benefici	ally	Own	ed			
1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Ye			Execution		n Date,		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 an			nd 5) S		5. Amount of Securities Beneficially Owned Following		Direct t (I)	7. Nature of Indirect Beneficial Ownership		
							G	Code	V A	mount	(A) or (D)	Price			action(s) 3 and 4)	(Instr. 4	"	(Instr. 4)	
Common Stock 05/06/202				4			S		815(1)	D	\$14.371	.3715(2)		62,574		)			
		Tal	ole	II - Derivati (e.g., pu							osed of, convertil				Owne	d			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	xercise e of vative urity (Month/Day/Year) if any (Month/Day/Year)   Gode (Instr. 8)   Secur Acqui (A) or Dispo of (D) (Instr. and 5)		ative rities ired osed	Expiration Date (Month/Day/Year)				le and unt of rities rrlying vative rity (Instr. 1 4)	-		9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ow For Dir or (I)	vnership rm: rect (D) Indirect (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)				

## **Explanation of Responses:**

- 1. Consists of shares sold to cover taxes associated with the settlement of stock units.
- 2. Reflects the weighted average price of 815 shares of common stock of Tactile Systems Technology, Inc. sold by the reporting person in multiple transactions on May 6, 2024 with sale prices ranging from \$14.37 to \$14.39 per share. The reporting person undertakes to provide upon request by the U.S. Securities and Exchange Commission staff, the issuer, or a security holder of the issuer, full information regarding the number of shares sold at each separate price.

/s/ Jonathan Zimmerman, Attorney-in-Fact

05/08/2024

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.