## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Folkes Robert J.  (Last) (First) (Middle)  1331 TYLER STREET NE, SUITE 200					3. t 01/	2. Issuer Name and Ticker or Trading Symbol TACTILE SYSTEMS TECHNOLOGY INC [ TCMD ]  3. Date of Earliest Transaction (Month/Day/Year) 01/18/2018								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner  X Officer (give title Other (specify below) below)  Chief Operating Officer					
(Street) MINNEAPOLIS MN 55413					-   4.1	4. If Amendment, Date of Original Filed (Month/Day/Year)								5. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(City) (State) (Zip)  Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Y					Execution Date,		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and			Benefici Owned		ies For ially (D) Following (I) (		n: Direct or Indirect onstr. 4)	7. Nature of Indirect Beneficial Ownership		
								Code	v	Amount	(A) or (D)	Price	Report Transa (Instr. 3					(Instr. 4)	
Common Stock 01/18/201				018	8		M <sup>(1)</sup>		2,483	A	\$0.7	73	122	122,260		D			
Common Stock 01/18/201				018	18		<b>S</b> <sup>(2)</sup>		2,483	D	\$29.25	.2537 <sup>(3)</sup> 1		9,777		D			
		Т	able								sposed of, , converti				wned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	on Date, Trans		saction (Instr. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable an Expiration Date (Month/Day/Year)		ate	7. Title and Amount of Securities Underlying Derivative Securi (Instr. 3 and 4)		8. Price o Derivative Security (Instr. 5)		9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Ownersi Form: Direct (I or Indire (I) (Instr	Ownership	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercis	sable	Expiration Date	Title	Amour or Number of Shares	er					
Employee Stock Option (right to	\$0.73	01/18/2018			M <sup>(1)</sup>			2,483	(4	)	03/08/2020	Commor Stock	2,48	3	\$0	22,339		D	

## Explanation of Responses:

- 1. Stock option exercise effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on December 12, 2017.
- 2. Sales effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on December 12, 2017.
- 3. Reflects the weighted average price of 2,483 shares of common stock of Tactile Systems Technology, Inc. sold by the reporting person in multiple transactions on January 18, 2018 with sale prices ranging from \$29.10 to \$29.47 per share. The reporting person undertakes to provide upon request by the U.S. Securities and Exchange Commission staff, the issuer, or a security holder of the issuer, full information regarding the number of shares sold at each separate price.

4. Fully vested.

/s/ Jonathan R. Zimmerman, 01/22/2018 Attorney-in-Fact

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.