## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Section 16. Form 4 or Form 5	STATEM
obligations may continue. See Instruction 1(b).	

## ENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Folkes (Last)	nd Address of Robert J.  (Fi	TA IN 3. 0	Issuer Name and Ticker or Trading Symbol     TACTILE SYSTEMS TECHNOLOGY     INC [ TCMD ]      Oate of Earliest Transaction (Month/Day/Year)     04/18/2018									all applion of the contract of	cable) or (give title		10% Owner Other (specify below) g Officer					
(Street)  MINNEAPOLIS MN 55413  (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)									Form f	ual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
1. Title of S	Security (Inst		le I - N	2. Transact Date (Month/Day	tion	2A. D Execu	eeme	ed	3. Transa Code (I 8)	ction	4. Securities Disposed Of	Acquired	(A) or	)	5. Amou Securiti Benefic	unt of les Form: Direct (D) or Indirect Following (I) (Instr. 4) (Instr. 4)				
						(		<i>,,</i> . o,	Code	v	Amount	(A) or (D)	Price		Reporte Transac					
Common	Stock			04/18/2	018				M <sup>(1)</sup>		2,482	A	\$0.73	3	12:	1,885	D			
Common	Stock			04/18/2	018				<b>S</b> <sup>(2)</sup>		2,482	D	\$35.841	1(3)	119	9,403		D		
1. Title of Derivative Security (Instr. 3)	of 2. 3. Transaction 3A. Transaction Date Exercise (Month/Day/Year) if an		3A. De Execut	(e.g., pu		uts, calls  4. Transaction Code (Instr.					, CONVERTI cisable and ate Year)	, or Beneficial ble securities  7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)		8. Price Derivative Security (Instr. 5)		9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	e s lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercis	sable	Expiration Date	Title	of Shares							
Employee Stock Option (right to	\$0.73	04/18/2018			M <sup>(1)</sup>			2,482	(4)	)	03/08/2020	Common Stock	2,482		\$0	14,893	3	D		

## Explanation of Responses:

- 1. Stock option exercise pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on December 12, 2017.
- 2. Sales effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on December 12, 2017.
- 3. Reflects the weighted average price of 2,482 shares of common stock of Tactile Systems Technology, Inc. sold by the reporting person in multiple transactions on April 18, 2018 with sale prices ranging from \$35.49 to \$35.98 per share. The reporting person undertakes to provide upon request by the U.S. Securities and Exchange Commission staff, the issuer, or a security holder of the issuer, full information regarding the number of shares sold at each separate price.
- 4. Fully vested.

/s/ Jonathan R. Zimmerman, 04/20/2018 Attorney-in-Fact

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.