FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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Check this box if no longer subject to	STATEME
Section 16. Form 4 or Form 5	
obligations may continue. See	
Instruction 1(b).	File

NT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Folkes Robert J.						2. Issuer Name and Ticker or Trading Symbol TACTILE SYSTEMS TECHNOLOGY INC [TCMD]											k all appli Directo Officer	cable) or (give title	g Person(s) to Issu 10% Owr Other (sp		ner	
(Last) 1331 TY	`	irst) EET NE, SUITE	(Middle) 200			3. Date of Earliest Transaction (Month/Day/Year) 03/16/2018											X Officer (give title Other (specify below) Chief Operating Officer					
(Street) MINNEAPOLIS MN 55413						4. If Amendment, Date of Original Filed (Month/Day/Year)										Indine)	′					
(City)	(5		(Zip) le I - Noi	n-Deriv	vative	Se	curit	ies Ac		uired I	Disr	nosed o	of or	. Be	neficia	llv	Owner	1				
1. Title of Security (Instr. 3)		2. Trans		ar)	2A. Deemed Execution Date, if any (Month/Day/Year)		e,	3. Transaction Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3,			ed (A) or) or 5. An Secu Bene Owne		Amount of curities neficially ned Following		n: Direct r Indirect istr. 4)	7. Nature of Indirect Beneficial Ownership			
										Code	v	Amount		(A) or (D)	Price		Reported Transact (Instr. 3	tion(s)			(Instr. 4)	
Common Stock				03/1	6/2018	5/2018				M ⁽¹⁾		2,482	2	A	\$0.7	0.73		121,885		D		
Common Stock			03/1	6/2018	5/2018				S ⁽²⁾		2,482		D	\$31	.8	3 119,403			D			
		T	able II -									sed of				y O	wned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	ed Date,	4. Transa	4. Transaction Code (Instr		5. Number of		Date Exe	rcisa Date	ble and 7. Title Amou Securi Under Deriva		7. Title and Amount of Securities Inderlying Derivative Security Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		9. Numbe derivative Securities Beneficia Owned Following Reported Transactic (Instr. 4)	e Owr s Forr blly Dire or Ir (I) (I	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Da Ex	ate ercisable		xpiration ate	Title		Amount or Number of Shares							
Employee Stock Option (right to buy)	\$0.73	03/16/2018			M ⁽¹⁾			2,482		(3)	03	3/08/2020	Comi		2,482		\$0	17,37	5	D		

Explanation of Responses:

- 1. Stock option exercise pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on December 12, 2017.
- 2. Sales effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on December 12, 2017.
- 3. Fully vested.

/s/ Jonathan R. Zimmerman,

03/20/2018

Attorney-in-Fact ** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.