FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject
to Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name ar	TA	2. Issuer Name and Ticker or Trading Symbol TACTILE SYSTEMS TECHNOLOGY INC [TCMD]									(Check all a		ctor		rson(s) to Is					
(Last) (First) (Middle) 3701 WAYZATA BLVD.						3. Date of Earliest Transaction (Month/Day/Year) 02/23/2024											Officer (give title below) President ar		Other (s below)	specify
SUITE 3	4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)									
(Street) MINNEAPOLIS MN 55416																X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State) (Zip)					Rule 10b5-1(c) Transaction Indication															
					X	Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.														
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3) 2. TransDate (Month.					ear)	2A. Deemed Execution Date, if any (Month/Day/Year)		θ,	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4				and 5)		5. Amount of Securities Beneficially Owned Following		m: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership
						Code	v	А	mount	(A) or (D)	Price		Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)			
Common	Stock		02/23/2024					S		5	5,378(1)(2)	D	\$14.84	1.848(3)		192,321		D		
Common	02/24/2024					A		4	44,930 ⁽⁴⁾	A	\$0	\$0		237,251		D				
Common	02/24/2024					A			13,100 ⁽⁵⁾	A	\$0	\$0		250,351		D				
Common Stock				02/26/2024					S			6,239(6)	D	\$15.81	.811 ⁽⁷⁾		244,112		D	
		Tal	ble I	II - Derivati (e.g., pu								osed of, convertib				Owne	d			
1. Title of Derivative Security (Instr. 3)	erivative Conversion Date Execution Date, ecurity or Exercise (Month/Day/Year) if any				ransaction of ode (Instr. Deriva			Ex (Me	piration	cercisable and n Date ay/Year)		7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4)		Der Sec	rice of ivative urity tr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	,	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	, (A) (D		Date Exercisal		ole	Expiration Date	Title	Number of Shares							

Explanation of Responses:

- 1. Consists of shares sold to cover taxes associated with the settlement of stock units, which sales were pursuant to a Rule 10b5-1 instruction on February 22, 2023.
- 2. Adoption date of referenced 10b5-1(c) plan is: 02-22-2023.
- 3. Reflects the weighted average price of 5,378 shares of common stock of Tactile Systems Technology, Inc. sold by the reporting person in multiple transactions on February 23, 2024 with sale prices ranging from \$14.84 to \$14.89 per share. The reporting person undertakes to provide upon request by the U.S. Securities and Exchange Commission staff, the issuer, or a security holder of the issuer, full information regarding the number of shares sold at each separate price.
- 4. On February 24, 2022, the reporting person was granted performance stock units ("PSUs"), with the number of PSUs earned to be determined based on the extent to which certain performance conditions were met for a performance period of 2023. As determined on February 24, 2024, based on actual performance for 2023, the reporting person earned 44,930 PSUs. Of those earned PSUs, one-third, or 14,977 PSUs, vested on February 24, 2024, and the remaining two-thirds, or 29,953 PSUs, are scheduled to vest on February 24, 2025.
- 5. On February 22, 2023, the reporting person was granted PSUs, with the number of PSUs earned to be determined based on the extent to which certain performance conditions are met for a performance period consisting of three separate performance years of 2023, 2024 and 2025. As determined on February 24, 2024, based on actual performance for 2023, the reporting person earned 13,100 PSUs with respect to the 2023 performance year. Those PSUs are scheduled to vest on the date in 2025 that the Compensation and Organization Committee determines the number of PSUs earned with respect to the 2024 performance year
- 6. Consists of shares sold to cover taxes associated with the settlement of stock units, which sales were pursuant to Rule 10b5-1 instructions on February 25, 2021 and February 24, 2022.
- 7. Reflects the weighted average price of 6,239 shares of common stock of Tactile Systems Technology, Inc. sold by the reporting person in multiple transactions on February 26, 2024 with sale prices ranging from \$15.79 to \$15.875 per share. The reporting person undertakes to provide upon request by the U.S. Securities and Exchange Commission staff, the issuer, or a security holder of the issuer, full information regarding the number of shares sold at each separate price.

/s/ Jonathan Zimmerman, 02/27/2024 Attorney-in-Fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.