FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

| OMB APPROVAL | | | | | | | | | |
|--------------------------|---------|--|--|--|--|--|--|--|--|
| OMB Number: 3235-028 | | | | | | | | | |
| Estimated average burden | | | | | | | | | |
| hours per respon | se: 0.5 | | | | | | | | |

| | Check this box if no longer subject |
|--------|-------------------------------------|
| \neg | to Section 16. Form 4 or Form 5 |
| _ | obligations may continue. See |
| | Instruction 1(b). |

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| | | | | | | . , | | | | | | | | | | | |
|---|---|--|---|--|--|-------|--------------------------------|---|----------|----------------------|---|---|------------------------------|--|--|---|------------------------------------|
| 1. Name and Address of Reporting Person* | | | 2. Issuer Name and Ticker or Trading Symbol TACTILE SYSTEMS TECHNOLOGY | | | | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) | | | | | |
| REUVERS DANIEL L. | | | | | INC [TCMD] | | | | | | | | X | Direc | tor | 10% | Owner |
| (Last) | (Last) (First) (Middle) | | | | 3. Date of Earliest Transaction (Month/Day/Year) | | | | | | | | X | Office below | er (give title v) | Othe belo | r (specify v) |
| 3701 WAYZATA BLVD. | | | | 08/07/2023 | | | | | | | | | President and CEO | | | | |
| SUITE 300 | | | | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | 6. Individual or Joint/Group Filing (Check Applicable Line) | | | | | |
| (Street) | | | | | | | | | | | | | X | Form | filed by On | e Reporting F | erson |
| MINNEAPOLIS MN 55416 | | | | | | | | | | | | Form filed by More than One Reporting Person | | | | eporting | |
| (City) (State) (Zip) | | | | Rule | e 10 |)b5-: | 1(c) | Tra | ansa | ction In | dicat | ion | | | | | |
| | | | | | Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10. | | | | | | | | | | | | |
| | | Table | l - Non-Deriva | tive S | ecur | ities | Acq | uire | d, Di | sposed o | f, or | Benefic | ially | Owr | ed | | |
| 1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Yes | | Exe ar) if ar | 2A. Deemed Execution Date if any (Month/Day/Ye | | Code (Ins | | tion I | 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a | | | nd 5) Secur Benef Owne Follow | | icially d <i>r</i> ing | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | |
| | | | | | | | Co | ode | v | Amount | (A) or (D) | Price | | Reported Transaction(s) (Instr. 3 and 4) | | | |
| Common Stock 08/07/ | | | 08/07/2023 | 3 | | | S | | 1,062(1) | D | \$20.534 | 45 ⁽²⁾ | 12 | 25,653 | D | | |
| | | Tab | le II - Derivati (e.g., pu | | | | | | | posed of converti | | | • | Owne | d | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | | Transaction Numbe Code (Instr. of | | ative rities ired sed | Date Expiration | | | Amo Secu Unde Deriv Secu (Inst | 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) Amount or Number of Title Shares | | ice of vative urity r. 5) | 9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4) | Owners Form: Direct (I or Indire (I) (Instr | Beneficia) Ownershi ct (Instr. 4) |

Explanation of Responses:

- $1. \ Consists \ of \ shares \ sold \ to \ cover \ taxes \ associated \ with \ the \ settlement \ of \ stock \ units.$
- 2. Reflects the weighted average price of 1,062 shares of common stock of Tactile Systems Technology, Inc. sold by the reporting person in multiple transactions on August 7, 2023 with sale prices ranging from \$20.5304 to \$20.56 per share. The reporting person undertakes to provide upon request by the U.S. Securities and Exchange Commission staff, the issuer, or a security holder of the issuer, full information regarding the number of shares sold at each separate price.

/s/ Jonathan Zimmerman, Attorney-in-Fact 08/09/2023

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.