FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
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	Check this box if no longer subject
\Box	to Section 16. Form 4 or Form 5
\cup	obligations may continue. See
	Instruction 1(b)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* BURKE WILLIAM W						2. Issuer Name and Ticker or Trading Symbol TACTILE SYSTEMS TECHNOLOGY INC [TCMD]									eck all app X Direc	onship of Reporti Il applicable) Director Officer (give title		erson(s) to I 10% O Other (s	wner	
(Last) 3701 WA	Fir AYZATA BI	,	/liddle)		3. Date of Earliest Transaction (Month/Day/Year) 05/12/2023										belov	v)		below)		
SUITE 300					4. If Amendment, Date of Original Filed (Month/Day/Year)									Line	6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) MINNEAPOLIS MN 55416															X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (State) (Zip)						Rule 10b5-1(c) Transaction Indication														
											saction was aditions of Ru						ritten _l	plan that is in	tended	
		Table	l - No	n-Deriva	tive S	ecui	ities	Acq	uired,	Dis	posed of	f, or	Ben	eficia	ally Owr	ned				
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day				/Year)	Execu	Deemed ution Date, y tth/Day/Year)				ies Acquired (A) Of (D) (Instr. 3, 4			5. Amo Securi Benefi Owned Follow	ties cially I	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
								Code	v	Amount	(A)) or)	Price		rted saction(s) . 3 and 4)					
Common Stock 05/12/20						2023			S ⁽¹⁾		4,400	D \$21		\$21.8	6 27,773		D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	rivative Conversion Date Execution Date, curity or Exercise (Month/Day/Year) if any			tion Date,	4. Transaction Code (Instr. 8)				6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4			3. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	or Nun of	ount nber res						

Explanation of Responses:

1. Adoption date of referenced 10b5-1(c) plan is: 05/27/2022.

/s/ Jonathan Zimmerman,

Attorney-in-Fact

05/16/2023

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.