FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPRO	VAL
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  NIGON RICHARD					TA	2. Issuer Name and Ticker or Trading Symbol TACTILE SYSTEMS TECHNOLOGY INC [ TCMD ]									5. Relationship of Reportin (Check all applicable) X Director Officer (give title		g Person(s) to Issuer  10% Owner  Other (specify		
(Last) (First) (Middle) 1331 TYLER STREET NE, SUITE 200						3. Date of Earliest Transaction (Month/Day/Year) 06/30/2017									belo		below		
(Street)  MINNEAPOLIS MN 55413  (City) (State) (Zip)					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3)			Date	2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year	3. Transa Code (		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)				d Secur Benef Owne	icially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership			
									Code	v	Amount	Amount (A) or (D)		Price		ted action(s) 3 and 4)		(Instr. 4)	
Common Stock					06/30/2017				A		306(1	)	Α	\$ <mark>0</mark>	3	8,361	D		
Common	Stock															5,175	I	By IRA <sup>(2)</sup>	
Common Stock															1	4,471	I	By SEP IRA <sup>(3)</sup>	
Common Stock																9,000	I	By Rollover IRA <sup>(4)</sup>	
Common Stock														$\epsilon$	66,471	I	By Trust <sup>(5)</sup>		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	c of titve Conversion or Exercise Price of Derivative Security  3. Transaction Date Execution Date, if any (Month/Day/Year)  Security  3. Transaction Date Execution Date, if any (Month/Day/Year)  8. Security			4. Transa Code ( 8)	ction	5. Nu of Deriv	wative rities ired rosed )	6. Date Expiration (Month/Date	5. Date Exercisable and Expiration Date Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)  Amount or Number		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		

## Explanation of Responses:

- 1. On June 30, 2017, the reporting person was granted 306 restricted stock units ("RSUs") in lieu of cash compensation of \$8,750.00 pursuant to Tactile Systems Technology, Inc.'s Non-Employee Director Compensation Policy. The RSUs are 100% immediately vested and may only be settled in shares of common stock on a one-for-one basis.
- 2. Represents securities held by Stifel Nicolaus Custodian FBO Richard J. Nigon IRA Acct.
- 3. Represents securities held by Stifel Nicolaus Custodian FBO Richard J. Nigon SEP IRA Acct.
- 4. Represents securities held by Stifel Nicolaus Custodian for Richard Nigon / Rollover IRA.
- 5. Represents securities held by Richard Nigon, Trustee of the Mary Nigon Revocable Trust under Agreement dated August 19, 2015.

/s/ Jonathan R. Zimmerman, Attorney-in-Fact

07/05/2017

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.