UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT
Pursuant to Section 13 or 15(d) of
the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported) November 29, 2022

TACTILE SYSTEMS TECHNOLOGY, INC.

(Exact name of registrant as specified in its charter)

Delaware (State or other jurisdiction of incorporation)

001-37799 (Commission File Number)

41-1801204 (I.R.S. Employer Identification No.)

3701 Wayzata Blvd, Suite 300, Minneapolis, MN 55416 (Address of principal executive offices) (Zip Code)

(612) 355-5100

(Registrant's telephone number, including area code)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

| Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
| Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
| Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
| Pre-commencement communications pursuant to Rule 13a-4(c) under the Exchange Act (17 CFR 240.13a-4(c))
| Securities registered pursuant to Section 12(b) of the Act:

| Title of each class | Trading Symbol(s) | Name of each exchange on which registered Common Stock, Par Value \$0.001 Per Share | TCMD | The Nasdaq Stock Market LLC

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter). \square Emerging growth company

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. \Box

Item 7.01. Regulation FD Disclosure.

Tactile Systems Technology, Inc. will be posting an updated version of its investor presentation on its website. A copy of the presentation is attached hereto as Exhibit 99.1.

In accordance with General Instruction B.2 of Form 8-K, the information in this Current Report on Form 8-K, including Exhibit 99.1, shall not be deemed to be "filed" for purposes of Section 18 of the Securities Exchange Act of 1934 or otherwise subject to the liability of that section, and shall not be incorporated by reference into any registration statement or other document filed under the Securities Act of 1933 or the Securities Exchange Act of 1934, except as shall be expressly set forth by specific reference in that filing.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits

EXHIBIT INDEX

Exhibit No.	Description						
99.1 104	Investor Presentation, November 2022 Cover Page Interactive Data File (embedded within the Inline XBRL document)						

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: November 29, 2022

TACTILE SYSTEMS TECHNOLOGY, INC.
By: Isl Brent A. Moen
Brent A. Moen
Chief Financial Officer



Forward-Looking Statements Disclosure

This presentation contains forward-looking statements. Forward-looking statements are generally identifiable by the use of words like "may," "will," "should," "could," "expect," "anticipate," "estimate," "believe," "intend," "continue," "confident," "outlook," "guidance," "project," "goals," "look forward," "poised," "designed," "plan," "return," "focused," "positioned," "prospects," or "remain" or the negative of these words or other variations on these words or comparable terminology, All statements other than statements of historical or current fact are, or may be deemed to be, forward-looking statements. The reader is cautioned not to put undue reliance on these forward-looking statements, as these statements are based upon the current beliefs and expectations of management and are subject to numerous risks and uncertainties outside of the Company's control that can cause actual outcomes and results to differ materially. These risks and uncertainties include, but are not limited to: the impacts of the COVID-19 pandemic on the Company's business, financial condition and results of operations, and the Company's inability to mitigate such impacts; the adequacy of the COMPany's liquidity to pursue its business objectives; the Company's ability to obtain reimbursement from third party payers for its products; loss or retirement of key executives, including prior to identifying a successor; adverse economic conditions or intense competition; loss of a key supplier; entry of new competitors and products; adverse federal, state and local government regulation; technological obsolescence of the Company's products; technical problems with the Company's research and component prote inflation; the effects of current and future U.S. and foreign trade policy and tariff actions; or the inability to carry out research, development and commercialization plans. In addition, other factors that could cause actual results to differ materially are discussed in the Company's filings with the SEC. Investors and security holders ar

Use of Non-GAAP Financial Measures

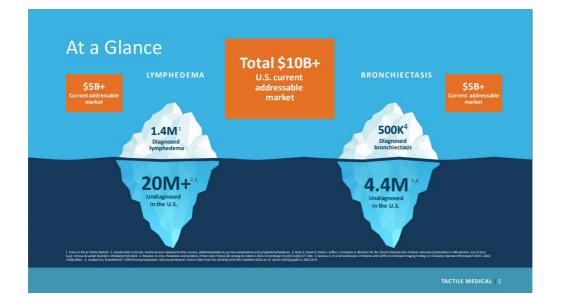
This presentation includes the non-GAAP financial measures of Adjusted EBITDA, Adjusted EBITDA margin and free cash flow, which differ from financial measures calculated in accordance with U.S. generally accepted accounting principles ("GAAP"). These non-GAAP financial measures are presented because we believe they are useful indicators of our operating performance. Management uses these measures principally as measures of our operating performance and for planning purposes, including the preparation of our annual operating budget and financial projections. We believe these non-GAAP financial measures are useful to investors as supplemental information because they are frequently used by analysts, investors and other interested parties to evaluate companies in our industry. We believe these non-GAAP financial measures are useful as measures of comparative operating performance from period to period. In addition, Adjusted EBITDA is used as a performance matric in our companyation program.

Set forth in the Appendix to this presentation, we have provided reconciliations of historical Adjusted EBITDA to net income (loss), the most directly comparable GAAP financial measure. Investors and other readers are encouraged to review the related GAAP financial measures and the reconciliations of the non-GAAP measures to their most directly comparable U.S. GAAP measures set forth in the Appendix.

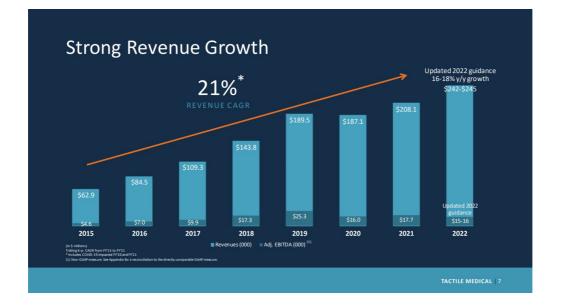
Guidance for Adjusted EBITDA for fiscal year 2022 and the goals for Adjusted EBITDA and Adjusted EBITDA margin for fiscal year 2025 are forward-looking and we cannot reconcile these non-GAAP measures to expected net income (loss) and net income (loss) margin without unreasonable effort because certain items that impact net income (loss) and other reconciling metrics are out of our control and/or cannot be reasonably predicted at this time, which unavailable information could have a significant impact on our GAAP financial results. In addition, our goal for cumulative free cash flow, which is cash flows from operations less capital expenditures, cumulative over the three-year period ended December 31, 2025, cannot be reconciled to expected cash flows from operations without unreasonable effort because certain items that impact such metric and other reconciling metrics are out of our control and/or cannot be reasonable predicted at this time, which unavailable information could have a significant impact on our financial results.

Investors and other readers should consider non-GAAP measures only as supplements to, and not as substitutes for or as superior measures to, the measures of financial performance prepared in accordance with GAAP.

Tactile Medical At a Glance Our Mission: To reveal and treat patients with underserved chronic conditions and help them care for themselves at home FOUNDED 1995 HEADQUARTERS Minneapolis TOTAL EMPLOYEES 1,000+ 2021 REVENUE \$208M PATIENTS SERVED IN 2021 >65,000 2021 GROSS MARGIN 71%







Significant Recent Progress Achieved Major accomplishments and milestones: 2021 YTD 2022 ✓ Crossed \$200M revenue threshold ✓ Treated >65,000 patients ✓ Initiated largest-ever Head and Neck-related lymphedema Randomized Clinical Trial ✓ Completed largest acquisition in company history ✓ Bolstered leadership team YTD 2022 ✓ Launch of ComfortEase™ garments ✓ Launch of Kylee™ mobile application ✓ New IP protecting Head and Neck therapy Enhanced board experience/diversity

Strategies to Unlock Profitable Growth + Strong Cash Generation Clear priorities to optimize business performance 1 Portfolio Optimization Patient centric, connected and digital 2 Improve Payor Policy Simplify coverage criteria 3 Operational Efficiency Create leverageable infrastructure \$75M+ ADJ. EBITDA 14%+ Adj. EBITDA Margin \$75M+ CUMULATIVE FREE CASH FLOW** Strengthening balance sheet



PRIO	RITY:	GOAL:					
CONTINUE INVESTMENTS IN CLINICAL RESEARCH	CONTINUE INVESTMENTS IN	Complete enrollment of our Head & Neck RCT					
	CLINICAL RESEARCH	Publish Therapist/Flexitouch comparative pressure study					
		Support investigator initiated studies					
2	IMPROVE PATIENT ACCESS	 More than 275 million US lives have coverage for our therapies but barriers to access still exist 					
		 Focused on simplifying these coverages to ensure our patients have access 					
3	ENHANCE PROCESS	 Streamline the order process to improve efficiency to shorten the time it takes for a patient to begin therapy 					
		 Focus on billing and collections process improvement to improve days outstanding and cash collections 					

OPERATIONS PROGRESS TOWARD DESIRED STATE ORDER PROCESS Low/no touch automated processing, ease of referral for clinicians, and informed patient experience PATIENT EDUCATION & TRAINING PATIENT SUPPORT Digital patient engagement, with omni-channel and self-serve options Flow enabled, supported by Al, ML, automated payer policies, reduced manual intervention Yields better patient, provider, and business outcomes while lowering our cost to serve

Lymphedema: Chronic, Progressive, Underserved Market

The lymphatic system enables the transport of fluids containing infection-fighting white blood cells that rid the body of toxins and waste throughout the body.

Sources of lymphedema include chronic venous insufficiency, cancer treatment, obesity, trauma, surgery and infection.

- Dysphagia
- Pain & tightness Ability to swallow









Lymphedema: Growing Body of Clinical Evidence

ESTABLISHED SUPPORT

- 20 clinical studies
- 28 peer reviewed articles
- 37% reduction in total lymphedema-related costs per a study of 718 lymphedema patients published in (JAMA) Dermatology, Oct. 2015
- >HCPCS code (E0651/E0652)

NEW/EMERGING SUPPORT

"The American Venous Forum, American Vein and Lymphatic Society and the Society for Vascular Medicine Expert Opinion Consensus on Lymphedema Diagnosis and Treatment;" published in *Phlebology*, May 2022

"Advanced Pneumatic Compression for Treatment of Lymphedema of the Head and Neck: a Randomized Wait-List Controlled Trial;" published in *Supportive Care in Cancer*, June 2020













Lymphedema: Positioned to Win

#1 MARKET SHARE

\$5B+
TOTAL
ADDRESSABLE
MARKET

- CLINICALLY PROVEN FLEXITOUCH AND ENTRE PNEUMATIC COMPRESSION DEVICES
- EXPANDING CLINICAL EVIDENCE
- DIRECT SALES FORCE
- **BACK OFFICE SUPPORT**
- BROAD INSURANCE COVERAGE
- 275M U.S. LIVES UNDER COVERAGE

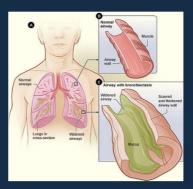


Bronchiectasis: Chronic, Progressive, Underserved Market

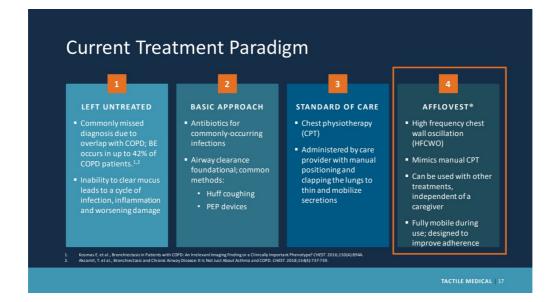
Bronchiectasis (BE) is permanent scarring and dilation of the airways with excessive mucus production

Recurring lung infections, pneumonias, lead to progressive damage of airway wall

Bronchiectasis identified in nearly 1 in 4 (23%) smokers¹



1. Cai Q, Triphuridet N, Zhu Y, et al. Bronchiectasis in Low-Dose CT Screening for Lung Cancer [published online ahead of print, 2022 Apr 19]. Radiology. 2022;212547. doi:10.1148/radiol.212547



Airway Clearance: Positioned to Win



\$5B+
TOTAL
ADDRESSABLE

- PORTABLE DESIGN
- BROAD DME CHANNEL REACH
- MEETS RESPIRATORY PATIENTS' COMPLEX NEEDS
- STRONG REIMBURSEMENT
- COMPELLING ECONOMICS FOR DME PARTNERS









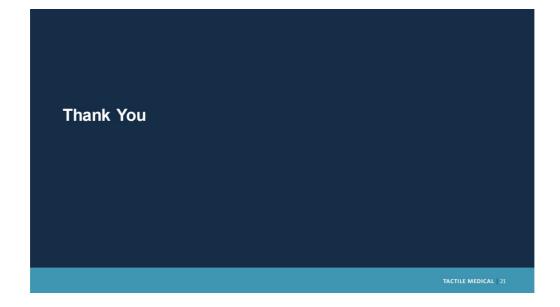
Compelling Investment Highlights

- ATTRACTIVE END MARKETS

 Large, growing and underserved patient segments
- Broad payer adoption
- Expanding clinical education/awareness

- Clinically proven therapies
- Large, well-developed distribution channels
- Comprehensive back-office capabilities
- Development focused on innovation and digital roadmap

- Building a more leverageable and efficient infrastructure
- Gross margins >70%
- Improving profitability and strong free cash flow* generation



Q3'22 Financial Results and FY'22 Financial Outlook Three months ended September 30 Nine months ended September 30 UPDATED FULL-YEAR 2022 FINANCIAL OUTLOOK: \$145.5 Lymphedema products \$54.2 \$51.6 \$0.9 \$52.5 \$146.5 Airway clearance products \$11.0 \$26.4 \$0.9 REVENUE ~\$242-\$245M \$46.8 \$37.0 Gross profit \$103.4 Gross margin Non-GAAP gross margin 72.2% Total operating expenses \$48.4 \$38.3 Operating income/(loss) (\$1.6) (\$1.4) (\$2.3) (\$3.4) Non-GAAP gross margin 72.2% 71.8% ADJ EBITDA \$144.5 ~\$15–16M \$108.9 (\$2.3) \$7.2 Adjusted EBITDA*

Reconciliation of GAAP Net Income to Non-GAAP Adjusted EBITDA

Years ended December 31														
(\$ Millions)	2021		2020		2019		2018		2017		2016		2015	
Net (loss) income		(11.8)		(0.6)		11.0		6.6		5.9		2.9		1.4
Interest expense (income), net		0.5		(0.1)		(0.3)		(0.4)		(0.4)		(0.0)		0.2
Income tax (benefit) expense		9.5		(1.6)		0.2		(3.1)		(1.7)		1.4		1.9
Depreciation and amortization		3.7		2.8		3.5		3.7		1.8		0.8		0.8
Stock-based compensation		10.2		10.7		9.8		8.0		4.2		1.9		0.3
Loss on termination of lease						1.1								
Impairment charges and inventory write-offs		0.6		4.0				2.5						
Acquisition costs		1.1												
CARES Act funding				(1.2)										
Change in fair value of earn-out		(0.2)												
Litigation defense costs		3.7		1.0										
Executive transition costs		0.5		1.0										_
Adjusted EBITDA	\$	17.7	\$	16.0	\$	25.3	\$	17.3	\$	9.9	\$	7.0	\$	4.6

	Three Months Ended September 30, 2022 2021			Increase				Nine Mon		Increase				
Dollars in Millions)				(Decrease)				Septen 2022	nber 30,	021	(Decrease)			
let loss	\$	(2.3)		(3.4)		1 -	(32) %		(22.5)	Ś	(4.3)		(18)	N.M.
Interest expense, net		0.7					N.M. %		1.8					N.M.
Income tax (benefit) expense		(0.1)		1.9			(104) %		0.1		(1.4)			(108)
Depreciation and amortization		1.7		0.9			92 %		4.7		2.2			117
Stock-based compensation							(1) %							
Impairment charges and inventory write-offs				0.6		(1)	(100) %						(1)	(100)
Acquisition costs				0.8		(1)	(100) %				0.8		(1)	(100)
Change in fair value of earn-out														
Litigation defense costs							47 %							39
Executive transition costs														
djusted EBITDA	s	7.2	s	4.1	s	3.1	74 %	Ś	6.2		8.2		(2.0)	(25)