FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* BURKE WILLIAM W (Last) (First) (Middle) 3701 WAYZATA BLVD. SUITE 300				2. Issuer Name and Ticker or Trading Symbol TACTILE SYSTEMS TECHNOLOGY INC [TCMD]									(Ch	eck all appli X Directo Officer	Officer (give title below)		10% Ov	vner	
				11/0	3. Date of Earliest Transaction (Month/Day/Year) 11/02/2020												below)		
(Street) MINNEAPOLIS MN 55416 (City) (State) (Zip)					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								Line	e) <mark>X</mark> Form f	filed by One	roup Filing (Check Applicable One Reporting Person More than One Reporting		
		Tab	le I - No	n-Deriv	ative	Sec	curiti	ies Ac	quired,	Dis	posed o	of, or	Bene	eficial	ly Owned	k			
1. Title of Security (Instr. 3)		Date	2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		, Transaction Code (Instr.		Dispose	4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			Benefici	es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount		A) or D)	Price	Transac (Instr. 3	tion(s)			(11150.4)
Common	Common Stock		11/02	11/02/2020				M ⁽¹⁾		1,50	0	A	\$10	7,	7,343		D		
Common	Stock			11/02	/2020				S ⁽¹⁾		1,50	0	D	\$37.5	\$37.5 5,843 D				
		7	able II -	Derivat (e.g., p											Owned		,	<u>, </u>	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Dat if any (Month/Day/Yo	Date,	Code (Inst		on of E		5. Date Exercisable and Expiration Date Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	s Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)		Date Exercisab		xpiration ate	Title	0 N 0	Amount or Number of Shares					
Stock Option	\$10	11/02/2020			M ⁽¹⁾			1,500	(2)	0	7/27/2023	Comn	non .	1,500	\$0	2,870		D	

Explanation of Responses:

- $1. \, Stock \, option \, exercise \, and \, sales \, effected \, pursuant \, to \, a \, Rule \, 10b5-1 \, trading \, plan \, adopted \, by \, the \, reporting \, person \, on \, August \, 6, \, 2020.$
- 2. Fully vested.

/s/ Jonathan R. Zimmerman, Attorney-in-Fact

** Signature of Reporting Person Date

11/04/2020

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

 $Note: File \ three \ copies \ of \ this \ Form, \ one \ of \ which \ must \ be \ manually \ signed. \ If \ space \ is \ insufficient, \ see \ Instruction \ 6 \ for \ procedure.$

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.